



### Strains

1. A police officer breaching a door during a barricaded call strained his forearm, causing a possible stress fracture.
2. A police officer exiting his police vehicle struck his elbow on the door post, causing swelling and discomfort.

### Strains from Motor Vehicle Collisions

1. A vehicle rammed a police officer's vehicle during a vehicle pursuit, causing the officer to strike his head.
2. A motor vehicle struck a police officer from behind as the officer directed traffic, injuring the officer's elbow and ankle.

### Strains from Foot Pursuits

1. A police officer in foot pursuit strained his leg.

### Slips/Falls

1. A police officer walking back to the training area from lunch stepped on a manhole cover which gave way, causing the officer's leg to fall through. The officer bruised his upper thigh.
2. A police officer stepped in a hole and fell. During the fall, the officer braced himself with his left arm and experienced soreness to his arm and shoulder.

### Slips/Falls from Foot Pursuits

1. A police officer chasing a subject in the front yard slipped when he attempted to jump over a chain link fence. He sustained two puncture wounds to his hand.
2. A police officer engaged in a foot pursuit jumped a fence, landed on a tree branch, and injured his foot and ankle.

### Cuts

1. A tree branch struck an officer chasing a subject in the woods, gashing the officer's leg.
2. A police officer destroying evidence pushed down on the destruction box handle and separated his thumbnail from his finger.

### Exposures:

#### Bodily Fluids

1. An officer handcuffing a subject with several open sores on his hands and wrists. During the application of the handcuffs, the officer's thumb came in contact with one of the open sores, infecting the officer's thumb.
2. A subject became agitated during an arrest and spat at an employee, striking him in the forearm and mouth.

### Arrests

1. A subject awaiting a hospital transfer kicked a police officer sitting with the patient, striking her in the nose with a handcuff.
2. A police officer was attempting to restrain a combative subject in the back of his vehicle. The subject bit the officer on the top of his head when the officer bent down to control the subject's legs.
3. A police officer strained his back when he grabbed onto a subject and attempted to turn him around.
4. A police officer injured his wrist while attempting to restrain an out-of-control juvenile.
5. A police officer strained his lower back during an arrest.
6. A police officer received multiple injuries to his legs while attempting to detain a combative subject.
7. A police officer injured his hand while attempting to arrest a resistive subject.
8. A subject's elbow struck an officer above the left eyebrow when the officer placed handcuffs on the subject.

### Training

1. An officer conducting a K-9 certification course received a bite to his hand.



*Together,  
We Can Get  
Below 100*

**Remember Wear Your Vest, Wear Your Seatbelt, and Slow Down!!**

