



Strains

1. A police officer felt a sharp pain in his forearm while opening the door of an individual he was taking into custody.
2. A police officer experienced shooting pain in his fingers when he accidentally hit the locking mechanism on a door.

Strains from Motor Vehicle Collisions

1. An officer driving to an emergency call was utilizing his emergency equipment when a vehicle struck the officer's vehicle. The officer suffered soreness in various parts of his body.
2. A vehicle struck the back of a police officer's vehicle sitting at a red light, causing the officer lower back pain.

Strains from Foot Pursuits

1. A police officer injured his hand while detaining a subject in a foot pursuit.
2. An officer strained her foot going across a parking lot during a foot pursuit.

Slips/Falls

1. A police officer twisted his knee when his foot slipped from a truck's side step as he unloaded equipment.
2. An officer fell backward into a ditch and strained his hip while removing stop sticks from the roadway for an out-of-county vehicle pursuit.

Cuts

1. A police officer cut his finger while dislodging a stuck hitch as he unhooked a trailer.
2. An officer removing an injured person from a vehicle cut his forearm when he pushed a door out of his way.

Exposures:

From Bodily Fluids:

1. A subject who had fought with medical personnel spat on an officer's face while the officer was placing a spit hood on the individual. The subject's saliva contained blood.
2. A police officer's hand was exposed to an individual's blood.

From Other:

1. A police officer was exposed to fentanyl while taking an individual into custody.
2. A police officer sitting in his car felt dizzy, light headed, nauseous, and experienced cold sweats.
3. A police officer inhaled a significant amount of smoke and chemicals while rescuing a person trapped in a burning vehicle.
4. A police officer tracking an individual through a wooded area developed a rash.

Arrests

1. A police officer experienced headaches and redness to his eye after an individual he was taking into custody from a traffic stop began to resist.
2. An individual kicked an officer in the groin while being detained.
3. An officer injured his shoulder when a person resisting arrest caused him to fall.
4. A police officer injured his knee when forced to take an individual to the ground.

Training

1. A police officer on the ground during tourniquet training experienced pain in his upper arm when another officer helped him up.
2. An officer injured his leg while training in rappelling techniques from a wall.
3. A police officer injured his lower back while lifting weights.



*Together,
We Can Get
Below 100*

Remember – Wear Your Vest, Wear Your Seatbelt, and Slow Down!

