



### Strains

1. Police Officer reported low back and hip pain with tingling in leg and foot caused by duty belt.
2. Police Officer was picking up a piece of plywood to secure a window and strained his arm.
3. During a foot pursuit, officer strained his calf.
4. Police Officer reported experiencing upper arm and shoulder pain due to using computer mouse.

### Falls

1. As officer was stepping off a ramp he rolled his ankle and fell on his stomach.
2. Police Officer tripped while engaged in a foot pursuit and injured his knee.

### Cuts

1. Police Officer was directing traffic; vehicle failed to stop striking officer and lacerated his hand.
2. While checking a residence, officer cut his hand on the banister.
3. While engaged in a foot pursuit, officer jumped over a barbed wire fence and punctured both hands.
4. Police Officer received a hand laceration while jumping a chain link fence during foot pursuit.

### Exposures

1. While arresting a suspect, officer was exposed to bodily fluids on arms and hands.
2. (2) Officers received blood exposure to hands while attempting to remove item from suspect's mouth.
3. Police Officer was exposed to bodily fluids on hands, arms, chest when wrestling with suspect.
4. While conducting a demonstration at a school, canine bit handler's forearm.
5. Police was exposed to insulation in attic resulting in nausea, difficulty breathing, and throat irritation.

**Arrests**

1. Police Officer was involved in a struggle with a subject and was kned in the right temple.
2. While arresting a combative subject, officer injured wrist, knee and eye.
3. Police Officer received a scrape to chin during altercation with subject.
4. (2) Police Officers received scratches to thumb and index finger during altercation with subject.
5. While struggling with suspect, officer received a bite to his wrist and hand and strained his thumb.
6. Police Officer received scrapes to side of head and pain to shoulder after struggling with subject.
7. While subduing an intoxicated subject, officer injured his thumb.
8. Police Officer experienced left knee pain after falling into creek with resisting prisoner.
9. Police Officer was in struggle with suspect and injured left ring finger.
10. Police Officer received Pain to shoulder, arm, wrist, and neck after struggle with suicidal subject.

**Training**

1. While running sprints at the Training academy officer received pain to right knee.



**Remember Wear Your Vest, Wear Your Seatbelt, and Slow Down!!**

