



Strains

1. Police Officer injured his hand while playing kickball with students.
2. Police Officer was rear-ended in a vehicle collision and strained his lower back.

Falls

1. As officer was engaged in a foot pursuit, he fell down an embankment injuring both knees.

Cuts

1. Police Officer was cleaning out his locker at the PD and lacerated his right middle finger.
2. During a foot pursuit, Police Officer received lacerations to both hands and face.
3. While avoiding a shotgun blast from a suspect when serving a search warrant, Police Officer received lacerations to face, soreness to right knee and punctured his hand.

Exposures

1. While searching a suspect’s bag, Police Officer received a puncture wound from a needle.
2. Police Officer felt nauseated, sick, lethargic and dry mouth after drinking water at a restaurant that had a chemical taste.
3. Police Officer received a dog bite while responding to a dog complaint.
4. While attending to a subject who cut her herself, (2) Police Officers was exposed to subject’s blood. (Note, officers were wearing PPE; however the blood got on officer’s gloved hands, sleeves, pants and a small amount on left wrist.)

Arrests

1. Police Officer injured his knee and lower thigh while struggling with a suspect.
2. While struggling with a suspect, Police Officer experienced pain to right shoulder.
3. Police Officer was taking suspect to the ground to affect an arrest and scraped his knee.
4. Police Officer injured his hand when suspect pulled away from his grasp while handcuffing.

Training

1. While running obstacle course, Police Officer injured ankle after jumping over 4-foot wall.
2. Police Officer received pain, cramping and bruising to left calf while running.
3. While running obstacle course, Police Officer scaled a 4-foot wall and braced himself as he was falling down from the wall and lacerated his hand on an exposed metal bolt.
4. Police Officer experienced seizure type symptoms while attending training.



Remember Wear Your Vest, Wear Your Seatbelt, and Slow Down!!

