

Hunger in Kentucky

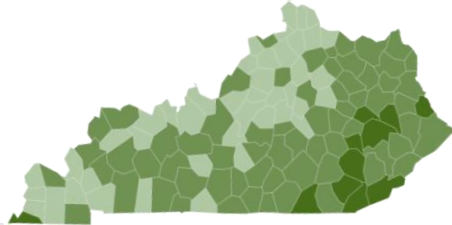
And How Cities Can Help Solve it



Who is struggling with hunger in Kentucky?



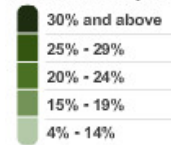
Food Insecurity Rates by County



Counties with the highest food insecurity rates:

- Wolfe
- McCreary
- Fulton
- Clay
- Bell

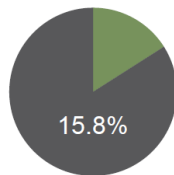
Overall Food Insecurity Rates



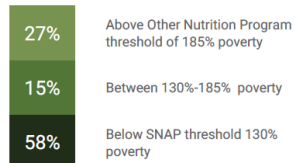
Source: Map the Meal Gap 2017

Meal Gap

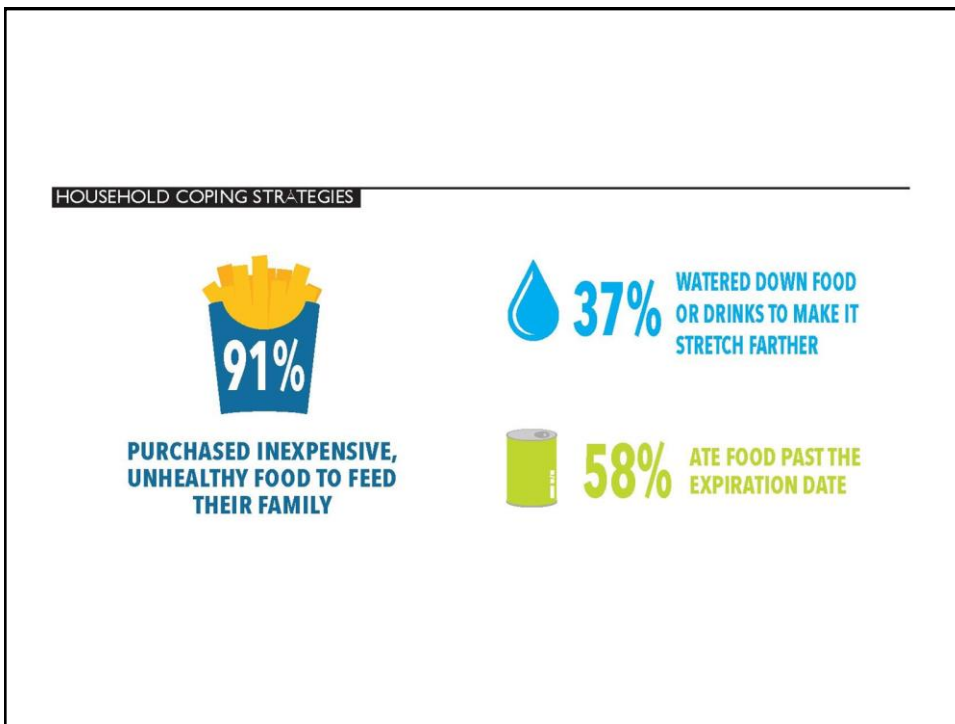
FOOD INSECURITY RATE



ESTIMATED PROGRAM ELIGIBILITY AMONG FOOD INSECURE PEOPLE



Source: Map the Meal Gap 2017



HOUSEHOLD SPENDING TRADEOFFS



HAD TO CHOOSE BETWEEN FOOD AND MEDICAL CARE



HAD TO CHOOSE BETWEEN FOOD AND UTILITIES

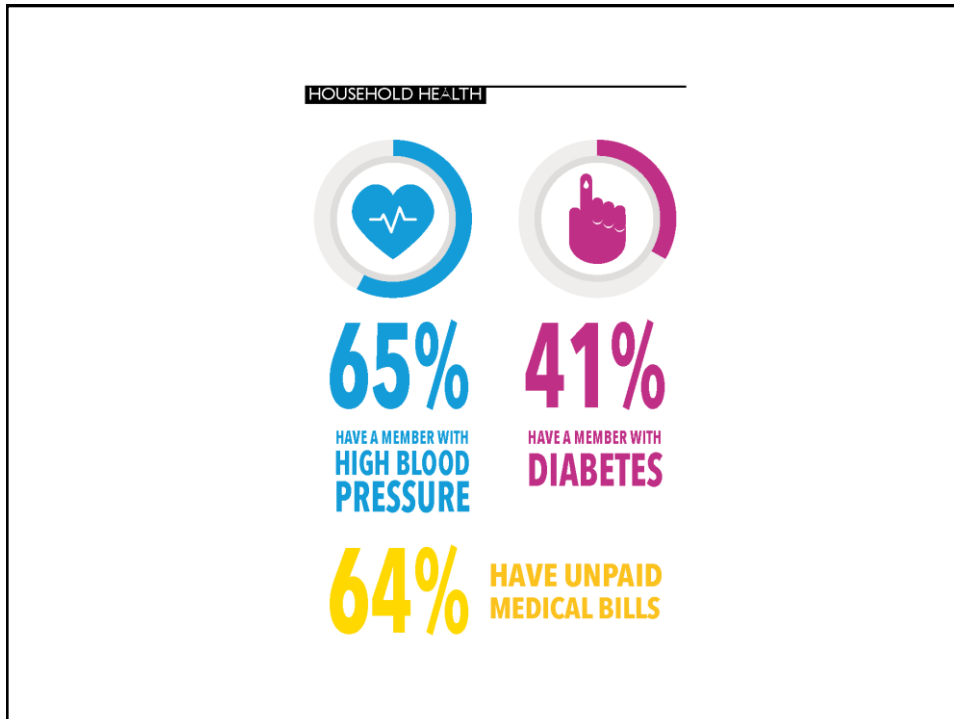


HAD TO CHOOSE BETWEEN FOOD AND TRANSPORTATION

The Face of Hunger May Surprise You

Real Story: [Candy](#)





Consequences of Hunger

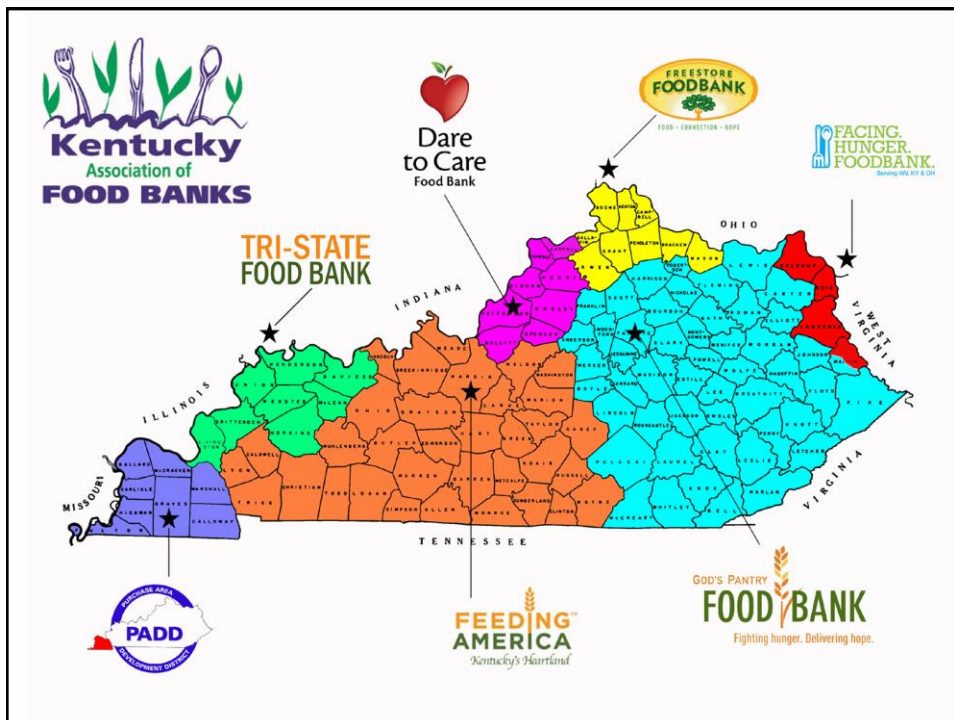
Children:

- ▶ More likely to experience poor health and hospitalization.
- ▶ Lower test scores in reading and math.
- ▶ Lower cognitive development and grades.
- ▶ Challenges with mental health issues and peer interactions.

Consequences of Hunger

Seniors:

- ▶ 60% more likely to experience depression.
- ▶ 53% more likely to report a heart attack.
- ▶ 52% more likely to develop asthma.
- ▶ 40% more likely to report an experience of congestive heart failure.



We feed 1 in 7 Kentuckians



63 million meals last year



Food Bank vs. Food Pantry



food bank=
distribution center

Food Bank vs. Food Pantry



food pantry=
local agency

Spotlight: Freestore Foodbank



Freestore Foodbank Service Territory in Northern Kentucky



Freestore Foodbank

- ▶ Two locations in Kentucky:
 - ▶ The Giving Fields, Melbourne, KY
 - ▶ Northern Kentucky Distribution Center, 100 Beacon Dr., Wilder, KY 41076



Freestore Foodbank : Operations in Kentucky

- ▶ 54 Partner agencies distributed 4M+ meals
- ▶ 21 Power Pack sites distributing 35,000+ meals
- ▶ 7 Kids Cafe sites distributing 55,000+ meals
- ▶ 5 school pantries serving 300+ households
- ▶ 2 Summer Food Service Program sites delivering 1,200+ meals



The Giving Fields

- ▶ 10-acre community farm located in Melbourne, Kentucky
- ▶ Grows fresh fruits and vegetables
- ▶ 11 partner agencies benefitted from the farm in FY 2017
- ▶ Completed 155,000+ meals



LIFT the TriState



- ▶ 12-week job training program in Logistics, Inventory Management, Facilities Management and Transportation
- ▶ Offers an opportunity for under and unemployed individuals to gain employment in warehousing and transportation
- ▶ Designed in collaboration with Gateway Community and Technical College, Belflex Staffing Network and Life Learning Center
- ▶ Graduates will earn: Forklift Operator Certificate, Certified Logistics Associate, Servsafe Food Handling Certificate, Certificate of Completion from LIFT the TriState Program and Life Learning Center Certificate of Achievement.

Farms to Food Banks

- ▶ Fresh produce from farmers needing a market...



Farms to Food Banks

- ▶ ...to Kentuckians in need.

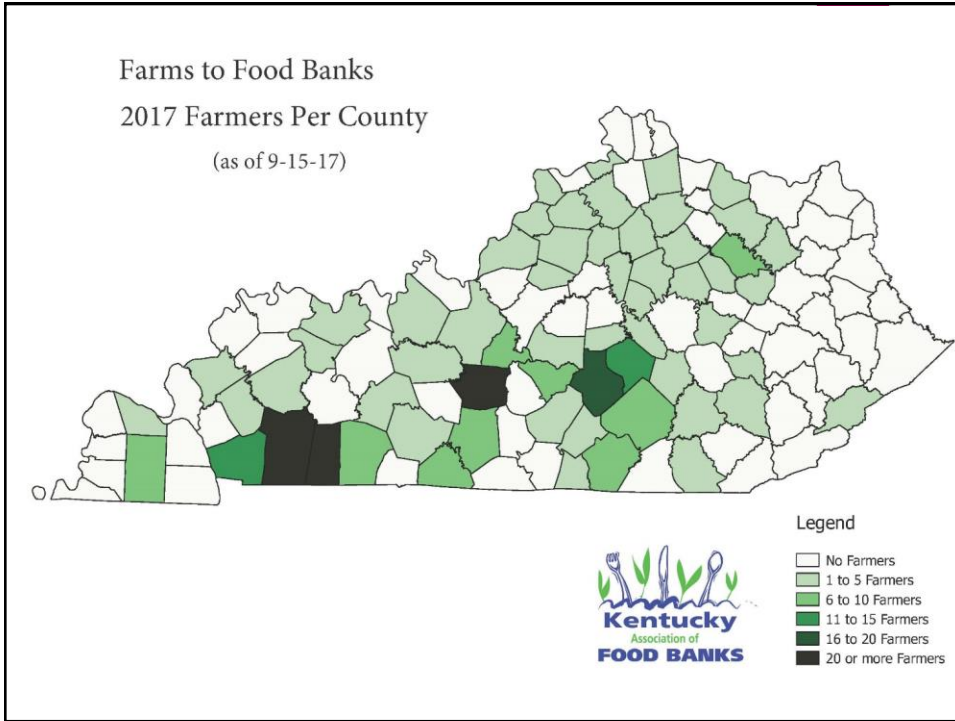


F₂FB Goals

- ▶ Increase access to healthy food among our struggling neighbors.
- ▶ Pay fair prices that help farmers recoup losses.
- ▶ Reduce the amount of wasted food.

F₂FB Impact since 2011

- ▶ 11,720,000 pounds distributed
 - ▶ 19,000,000 meals
- ▶ 20 types of fruits and vegetables
- ▶ 120 counties



Partnerships

HUNGER
INITIATIVE

How can you help?

At the end of
 life we will not
 be judged by
 how many
 diplomas we
 have received,
 how much money
 we have made,
 how many great
 things we have
 done. We will be
 judged by I was
 hungry and
 you gave me to
 eat, I was naked
 and you clothed
 me, I was
 homeless and
 you took me in.

Mother Teresa

Food and Fund Drives

COMMONWEALTH
 of KENTUCKY
 BOWL



Commonwealth Bowl

- Campaign pits Area Development Districts across the state in a friendly competition to support hunger relief efforts.

Commonwealth Bowl

- Sponsors:
 - Office of Kentucky Secretary of State Alison Lundergan Grimes.
 - Kentucky Council of Area Development Districts.



Commonwealth Bowl

October 16 – 27, 2017



Raise awareness

- ▶ Mobilize the public to join the fight to end hunger.
 - ▶ Attend food bank events
 - ▶ Share information on blogs & social media

Advocate for food security

- ▶ HB 149: state income tax check-off program.
- ▶ HB 237: food donor immunity.
- ▶ Ongoing: state allocation for hunger relief.

Hunger Free KY Day

- ▶ Wednesday January 17th, 2018





Together, we can solve
hunger in Kentucky!



Kentucky Association of
Food Banks
www.kyfoodbanks.org